



August 2020

The Pet-A-Pet Gazette



A Publication of The Pet-A-Pet Club, Inc.

President's Message

Hello Pet-A-Pet Family!

We're now into the second half of the year and I'm patiently hoping things get a little more normal! The board and myself appreciate all of you for staying patient as well and for trying to find remote ways to still volunteer. I hope you will continue to support the club by renewing your dues, even though our visits are on hold. Your dues help us cover continuing expenses such as insurance, PO Box, etc. Thank you and I'm hoping our next newsletter will be during a phase when we're back at it! Stay safe!

Yesmeen Abdullatif

Editor's note: Please enjoy this abbreviated issue of the Pet-A-Pet Gazette.

Welcome New Members!

Rachael Heilman and "Roo" Heilman-Burke

Donations may be made with



[Our PayPal account is petapet.org@gmail.com](mailto:petapet.org@gmail.com)

Why are the annoying servants staying in my home all day now?



Special Events

At this time the **Novi Pet Expo** is planned for **November 13-15, 2020** at the Suburban Collection Showplace in Novi, Michigan. Members will be notified when we have more information. If the event takes place as planned, we will need volunteers to staff our booth. Watch your email for more.

Coordinators:

Please make sure all of your volunteers have their registration forms so they can renew their memberships and be ready when visits resume.

Donations & Memorials

From **Linda Strom** in memory of "Cashew" Strom who passed over the Rainbow Bridge on June 16, 2020. He was much loved.

From **Lori Clinton** in memory of Pauline Sabatini's dog Leah who passed away on June 22nd. Leah was a long time doggy volunteer with the Club. Everyone loved that dog!

From **Irena Kozhayeva** to the general fund

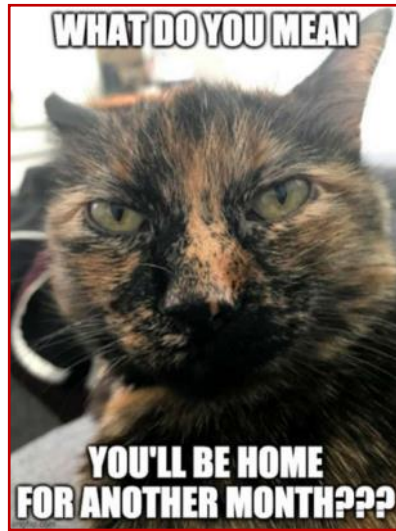
From **Sheryl Madden** to the general fund

Thank you all for your generosity!




In this issue:

| | |
|-----------------------------|---|
| Kroger Community Rewards | 2 |
| Newsletter Information | 2 |
| COVID Memes | 2 |
| Cool Treats & Birthday Cake | 3 |
| The Dog Days of Summer | 3 |
| What Our Pets Think | 4 |
| Be Like Marvin | 4 |



Please Join Kroger Community Rewards

 Kroger Community Rewards is a free program that lets the Pet-A-Pet Club earn needed money each quarter based on registered customers' purchases. We could earn much more with your help.

With your Kroger Plus Card register your account online account at Kroger.com. Just go to www.krogercommunityrewards.com and follow the instructions. The Pet-A-Pet Club's NPO number is TX120. Those without internet may call 1-877-745-7444 to sign up. Then just use your Kroger Plus card (or enter your alternate ID) each time you shop.

Please consider these benefits:

- Pet-A-Pet Club earns donations based on all purchases (even gift cards).
- You earn gasoline discounts at Kroger and Shell stations.
- It's easy and costs you nothing!
- Annual re-enrollment is now automatic.



Please tell your family and friends how they can help the Pet-A-Pet Club when shopping at Kroger.

Newsletter Information

The Pet-A-Pet Gazette is published three times per year in April, August and December. Deadline for submissions is the 15th of the month prior to publication.

NEXT ISSUE DEADLINE: November 15



Easy Freezies

Breath Freshening Minty Freezies

- 1 cup of plain or Greek yogurt
- Small handful of fresh parsley leaves
- Small handful of fresh mint leaves

Use blender until herbs are spread evenly through mixture. Add a splash of water, if desired, to thin the mixture for easier pouring. Fill ice cube trays and pop in the freezer until solid.



Coconut Drops for a Shiny Coat

- 1 cup of organic coconut oil
- 1 handful of berries
- 1 teaspoon of honey

Soften coconut oil in a bowl placed over a pan of boiled water. Shape into bite-sized balls and freeze on a tray until hardened. Can be stored in refrigerator as coconut oil will stay hard without freezing.



Fruity "Pupsicle"

- 1½ cups of strawberries
- 2 bananas
- ½ cup coconut oil
- Dog biscuits
- A splash of water
- Cupcake liners or silicone cups



Blend strawberries and bananas together until smooth. Melt coconut oil and stir together with fruity mixture until it has a texture like soft ice cream. If it's too thick, add a little water. Add the mixture to your cups and cover with cling wrap. Make a hole in the middle of the cling film with a knife and push a dog biscuit through. This helps keep the biscuit in an upright position. Pop them in the freezer.

Chicken Stock and Parsley Freezies

- 2 cups reduced-sodium chicken stock
- Small handful of parsley

Chop parsley finely and stir into the chicken stock. Pour the mixture into ice cube trays and pop them in the freezer. Serve on their own or add one to your dog's water bowl to add flavor. Parsley helps keep breath fresh.



Kong Freezies

Frozen Kongs can offer hours of entertainment for our dogs. Mix or blend ingredients together, fill up your Kong and freeze until solid. Here are just a few variations.

Ingredients:

- 1 cup of boiled potato
- ½ cup of plain cottage cheese
- ½ cup of grated low-fat cheese

Ingredients:

- 1 banana
- 1 cup of plain or Greek yogurt
- 1 teaspoon of honey

Ingredients:

- 1 cup of cooked sweet potato
- 1 Handful of shredded, boiled chicken
- 1 Handful of cooked carrots
- 2 tablespoons of yogurt

Ingredients:

- 1 cup of cottage cheese
- 1 cup of natural peanut butter (Xylitol-free)
- 1 teaspoon of honey



Celebrate With Cake!

Who doesn't love birthday cake? This is only one of the many recipes for dog cakes and treats found at PersonalCreations.com.



Cake ingredients

- 1 cup almond flour
- ½ cup sweet potato puree
- ½ cup shredded carrots
- 2 tablespoons honey
- 3 tablespoons melted coconut oil
- 1 teaspoon baking powder
- ¼ cup water

Frosting ingredients

- ¼ cup plain nonfat yogurt
- ¼ cup sweet potato puree
- Shredded carrots (optional)

Directions

1. Preheat oven to 350°F.
2. Mix together honey, coconut oil and sweet potato puree. Add almond flour, baking powder and water, then stir in carrots.
3. Grease pan with coconut oil. Add batter and bake for 20-25 minutes, until the center is firm.
4. After the cake cools, top with sweet potato puree, yogurt and shredded carrots.

Yay!
No nasty
peanut butter
in MY cake!



Shayde is ready for his August birthday & a cake made without his least favorite ingredient.

The Dog Days of Summer



The Dog Days of Summer describes the most oppressive period of summer. But where did the term come from? And what does it have to do with dogs?

The phrase is actually a reference to the fact that, during this time, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth and part of the constellation Canis

Major, the Greater Dog. This is why Sirius is sometimes called the Dog Star.

In mid-summer, Sirius rises and sets with the Sun and because the star is so bright, the ancient Romans believed it actually gave off heat and added to the Sun's warmth, accounting for the long stretch of sultry weather. They referred to this time as *diēs caniculāres*, or "dog days."

Thus, the term Dog Days of Summer came to mean the 20 days before and 20 days after this alignment of Sirius with the Sun. While this period usually *is* the hottest stretch of summer, the heat is not due to any added radiation from Sirius, regardless of its brightness.

FarmersAlmanac



PET-A-PET CLUB, INC.

PO BOX 530356

LIVONIA MI 48153-0356

RETURN SERVICE REQUESTED

MISSION STATEMENT

The Pet-A-Pet Club, Inc. is a non-profit organization. Members of the Pet-A-Pet Club commit themselves to encouraging the human-animal bond by educating the public regarding the health benefits of exposure to animals. We will do so by exposing those individuals who are least likely to have benefit of contact with pets to animals that best express the most positive attributes of living, affectionate and entertaining creatures.

 Join us on [Facebook!](#) 

What Our Pets Think



All of our **dogs** think we quit our jobs to spend more time with them.

All of our **cats** think we got fired for being the losers they always knew we were.



The human has been working from home. Every so often he'll let me participate in the video calls. All the other humans cheer when they see me. I'm the only thing holding their company together.

Be Like Marvin

Therapy Dog Marvin [Bartley] would like to remind all Michiganders that, although the curve may be flattening, we should be sure to wear a face mask in public and maintain social distancing!



MARVIN, THERAPY DOG

 McLaren
HOSPICE