



April 2020

The Pet-A-Pet Gazette



A Publication of The Pet-A-Pet Club, Inc.

President's Message

Hello Pet-A-Pet Family!

We hope everyone is staying safe and healthy by doing what's needed to keep this virus at bay. Along with pausing visits to facilities, we're also going to postpone our annual meeting. We typically do this in May, but due to the uncertainty of when we'll be able to resume group activities, we can't make any definite plans. So watch for updates in the Paw Print and continue to practice washing your hands, coughing into elbows and staying home. 😊

Yesmeen Abdullatif

Donations - Thank You!

From: Julie Harris on behalf of
Rochester High School Students
for Pet-A-Pet Club members' participation
in Wellness Day

impact

You never really know the true impact you have on those around you. You never know how much someone needed that smile you gave them. You never know how much your kindness turned someone's entire life around. You never know how much someone needed that long hug or deep talk. So don't wait to be kind. Don't wait for someone else to be kind first. Don't wait for better circumstances or for someone to change. Just be kind, because you never know how much someone needs it.

Welcome New Members!

Erin Alexander and "Lucille"
Lesley Argiri and "Rambo" & "Rosie"
Janice Baldwin and "Pansy"
Amanda Baughan & Laura Publiski and "Rubble"
Becky Blue and "Willow"
"Cruiser" joins Karen & Brian and Jared Bookmeier
Matthew J Brown and "Bailey"
Adrienne Burke and "Stella May"
Elizabeth (Corky) Casey and "Anja"
Kathryn Dodson and "Maevé"
Sara Flowers and "Gizmo"
Kelly Gwisdala and "Sadie"
Casey Jones and "Olive"
Lynette Jordan and "Gauge"
Sandy Knudsen and "Emma"
Carol McLaughlin and "Bear"
Ann Nahajewski and "Nena" and "Cosmo"
Sherrie Nuendorf and "Gent"
Patti Podnar and "Chance"
Cindy Potts and "Oakley"
Tome & Tracy Ramondetta and "Roxanne"
"Ernie" joins Pauline Sabatini
Susan VanMaanen and "Bart"
"Clarisse" joins Lisa Volker
Jennifer Weitz and "Eli"

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Board of Directors & Committee Chairs through June 30, 2020

President

Yesmeen Abdullatif
313-595-4402
yesmeenj@gmail.com

Secretary

Lori Clinton
313-533-0222
therapydog@aol.com

Treasurer/Registrar

Lyn Ehrman
734-748-7298
lynehrman@yahoo.com
11864 Butternut Ave
Plymouth MI 48170-4503

Director of Coordinators

Pat Glinski
313-414-6336
poglinski@yahoo.com

Pet-A-Pet Store

Cathy Totzkay
810-229-5219
cmtotzkay@sbcglobal.net

Special Events

Cari Cook
330-464-6652
pekepoomom@gmail.com

Newsletter/Web Site

Send updates to
Lauren Paul
petapetnewsletter@gmail.com

Donation Secretary

Agnes Seefried
agnes.seefried@dxc.com

Liz Raeside
lizraeside@gmail.com

Contributions

To make a donation or memorial contribution:

1. Make check payable to Pet-A-Pet Club Inc. (Please do not send cash.)
2. Add the name of the person or pet being remembered; specify honor or memory
3. Add the name & address of the person to whom the acknowledgement will be sent
4. Add your own name and address
5. Mail to: **PET-A-PET CLUB INC.**

PO BOX 530356

LIVONIA MI 48153-0356

An acknowledgment will be sent to the honoree or family.

The Pet-A-Pet Club is a 509(a)(2) non-profit corporation under the umbrella of 501(c)(3). All donations are tax-deductible.

Donations may now be made with



Our PayPal account is petapet.org@gmail.com

Please Join Kroger Community Rewards



Kroger Community Rewards is a free program that lets the Pet-A-Pet Club earn needed money each quarter based on registered customers' purchases. We could earn much more with your help.

With your **Kroger Plus Card** register your account online account at Kroger.com.

Just go to www.krogercommunityrewards.com and follow the instructions. The Pet-A-Pet Club's **NPO number** is **TX120**. Those without internet may call 1-877-745-7444 to sign up. Then just use your Kroger Plus card (or enter your alternate ID) each time you shop.

Please consider these **benefits**:

- Pet-A-Pet Club earns donations based on all purchases (even gift cards).
- You earn gasoline discounts at Kroger and Shell stations.
- It's easy and costs you nothing!
- Annual re-enrollment is now automatic.



Please tell your family and friends how they can help the Pet-A-Pet Club when shopping at Kroger.

Newsletter Information

The Pet-A-Pet Gazette is published three times per year in April, August and December. Deadline for submissions is the 15th of the month prior to publication.

NEXT ISSUE DEADLINE: August 15

SUBMISSIONS

Send clear, sharp, good-contrast photos for best printing results. Please use highest resolution possible when taking digital photos. When scanning, use at least 300 dpi and **save as jpeg** file 100% of size (in inches) or as close as possible.

Submissions/Questions:

petapetnewsletter@gmail.com

Release Form must be signed and submitted with all photos.

All persons shown in the photo must sign a release form.

Members have signed release on registration forms.

Coordinator Notes

Insurance Certificates

Coordinators: If your facility is requesting a certificate showing that Pet-A-Pet carries liability insurance, please contact our treasurer, Lyn Ehrman (see page 2). The treasurer will notify our insurance agency and the certificate of insurance will be sent to your facility.

The following information is required:

- The complete name, street address, city, state and ZIP code of the facility.
- The complete name, title, telephone number and e-mail address of the facility employee who is requesting or should receive the certificate.

Pet-A-Pet Club policy is that only scheduled group visits are covered under our insurance.

Help us keep up to date:

- **Please fill out and submit the Coordinator/Facility form annually when sending renewals and when adding a new facility.** Send all coordinator forms, registration forms and dues to **Lyn Ehrman**.
- **Remind your volunteers** to notify Lyn of any change of address or contact information.
- If you need **additional registration forms**, contact **Pat Glinski**

Remember

- **Pet scarves should be ordered from Cathy Totzkay** for new volunteers. **Pets are to wear their scarves on visits and handlers should wear a Pet-A-Pet button** (Cathy has these also), if they don't have a club shirt.
- If you notice any errors on the **web site** schedule, please contact **Lauren Paul**.
- **Please review your facility listings** (pp. 4-5) and send any corrections, additions or deletions for the next newsletter to petapetnewsletter@gmail.com.
- Don't turn away potential members. If you don't need more volunteers, please refer them to another coordinator or to the website for more locations.

**Thank you for your service in the Pet-A-Pet Club.
We couldn't do it without you!**

Scarf Reminder

The Pet-A-Pet scarf is to be worn on all scheduled Club visits and events, to identify your pet as a member at the facility of visitation or event location.

The scarf is not to be worn at any other time, nor is it to be used to gain access for your pet in public places where pets are normally prohibited. To do so is in violation of the terms of the Pet-A-Pet Club's liability insurance as well as the Pet-A-Pet Club's Policies.

Thank you for your cooperation.

Facilities Requesting Visits

Advantage Living Center of Southgate
Alternative Services, Inc. of Michigan, DeWitt Developmental Disability
American House East, Roseville
American House Senior Living, Bloomfield Hills
Beacon Hill Assisted Living, Northville
Blue Water Choices, Marine City Developmental Disability
Cambridge East Healthcare Center, Madison Heights
Courtyard Manor of Farmington Hills
Detroit Center City Community Mental Health Center
Glacier Hills Assisted Living, Ann Arbor
Grand Court of Novi Assisted Living
Greenwood Villa, Westland Senior Community
Heatherwood Retirement, Southfield
Living & Learning Enrichment Center, Northville
Magnolia by the Lakes, Keego Harbor Senior Community
Manor of Southgate Skilled Nursing & Rehab
McAuley Center, Farmington Hills
Notting Hill of West Bloomfield Nursing & Rehab
Oakmont Communities, Livonia
Oakridge Manor Nursing & Rehab, Ferndale
Oakdale Recovery Center, Canton
Old Village/Cooke School, Northville
Park Place Heritage Village, Warren
Passion & Caring Home for Elderly, Detroit
Regency at Canton, Canton
Regency at Bluffs Park, Ann Arbor
Regency at Whitmore Lake Nursing Home
Sanctuary at Villa Marie, Livonia Senior Living Community
Solaire Active Adult Community, Southfield
St Anne's Convalescent Center, Detroit
Sterling Heights Comfort Care, Assisted Living
Troy Public Library Read to a Dog Program
Village of Peace Manor, Clinton Township
The Village of Westland Senior Living Community
Waltonwood at Cherry Hill, Canton
Waltonwood Royal Oak, Assisted Living
West Oaks Senior Care & Rehab, Southfield
Vista Springs, Howell (Assisted Living)
White Pine Nursing Facility, Howell

Armada

McLaren Hospice-Advantage Living
Every Monday 10:00 AM
Lee Ann Bartley, 586-295-8710

Auburn Hills

Auburn Hills Community Center
Last Wednesday 12:30 PM
Pat McNulty 248-651-5171

First & Main

Last Wednesday 10:00 AM
Pat McNulty 248-651-5171

Bloomfield Hills

SKLD *

1st Wednesday 10:30 AM
Cathy Baker 248-528-8010

Brighton

Caretel Inns of Brighton
Every Monday 2:00 PM
Cathy Totzkay, 810-229-5219

Willowbrook Rehab *

Every Thursday 2:00 PM
Jennifer Brent, 317-459-6496

Chesterfield

Village of East Harbor
2nd Friday 9:30 AM
Mary Jackson, 586-468-2935

Chesterfield Township Library
2nd Tuesday 5:30 PM
Lee Ann Bartley, 586-295-8710

Clinton Township

Clinton Macomb Library
South Branch "Paws For Reading"
2nd and/or 4th Monday 6:30 PM
Mary Jackson, 586-468-2935

Commerce Township

First & Main of Commerce Township
1st Saturday 10:00 AM
&
Westlake Health Campus
3rd Saturday 10:00 AM
Lauren Paul, 248-684-2460

Dearborn

Oakwood Commons
Skilled Nursing & Rehab *
1st & 3rd Wednesday 6:30 PM
(Sept-June)
Lisa Jacques 313-292-4052

Beaumont Oakwood - Main *
Beaumont Hospital
1st & 3rd Wednesday 10:00 AM
Lisa Jacques 313-292-4052

Detroit/Redford

Rehabilitation Institute of MI *
1st Friday 10:00 AM
Lori Clinton, 313-533-0222

Village of Redford
2nd & 4th Tuesday 1:30 PM
Rose Stachowski, 734-306-3015

Farmington / Farm. Hills

Gill School
(Farmington Community Schools)
3rd Wednesday 1:00 PM
Judy Kirkeby, 313-278-4670

Medilodge of Farmington
1st Wednesday 10:30 AM
Lori Clinton, 313-533-0222

Garden City

Garden City Hospital Rehab
2nd & 4th Thursday (no holidays) 3:30 PM
Mary Bogush, 248-589-0689 / 248-250-4277

Lake Orion

Lake Orion Nursing Center
Last Monday 10:30 AM
Karen Kroll, 248-231-4315

Livonia

American House II
2nd Saturday 9:30 AM
Pat Sheplow, 734-427-8661

Lutheran Home of Livonia
2nd & 4th Mondays 10:30 AM
Rose Stachowski, 734-306-3015

Manoogian Manor
1st & Last Wednesday 1:30 PM
Rose Stachowski, 734-306-3015

Marywood Nursing Care Center
1st & 3rd Saturday 10:00 AM
Lisa Anderson, 248-894-3964

Woodhaven Retirement Community
1st and 3rd Saturdays 10:00 AM
Laurie Patterson, 734-953-0438

Milford

Mediloge of Milford
1st & 3rd Monday 10:00 AM
Lauren Paul, 248-684-2460

Suncrest Senior Living
1st Wednesday 10:00 AM
Lauren Paul, 248-684-2460

West Hickory Haven Nursing Home
2nd Tuesday 9:30 AM
Lauren Paul, 248-684-2460

New Baltimore

Grace Premier Assisted Living
2nd Tuesday 10:30 AM
Lee Ann Bartley, 586-295-8710

Northville

Addington Place
2nd & 4th Monday 2:00 PM
Coordinator Needed

Novi

Manor of Novi
1st & 2nd Saturday 10:00 AM
Sharron Disbro, 734-449-8339

Maple Manor Rehab & Neuro Center
Volunteers Needed
2nd Wednesday 1:00 PM
1st & 3rd Thursday 1:00 PM
Lisa Volker, 248-960-1838

Waltonwood at Twelve Oaks
Volunteers Needed
2nd Saturday 4:00 PM
Lisa Volker, 248-960-1838

Plymouth

SKLD
2nd Tuesday 6:30 PM
4th Wednesday 6:30 PM
Lyn Ehrman, 734-748-7298

Pet-A-Pet Visitation Schedule

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Pontiac

Euro-Peds Intensive Pediatric PT
Every Wednesday, 10:00 AM
Jack Zahn, 248-674-0256

St. Joseph Mercy Hospital

3rd Thursday 6:30 PM
2nd & 4th Monday 2:00 PM
Liz Raeside, 248-670-3217

4th Tuesday 6:30 PM
Loretta Galea, 586-202-6984

2nd Wednesday, 3:00 PM
Kathy von Foerster, 248-701-4792

Rochester & Rochester Hills

Reuther Middle School (Special Needs)
3rd Thursday 9:45 AM

RHS Autism & CI
3rd Monday 12:30 PM

Adult Transition Program & Services
Last Friday 10:00 AM

These facilities visit Sept-May
Susan Doane, ts3821@comcast.net

Waltonwood at University
2nd Wednesday 10:00 AM
Pat McNulty, 248-651-5171

Romulus

Special Tree Neuro Care
1st & 3rd Wednesday, 6:30 PM
Christopher McCollum, 734-323-4290
Volunteers needed

Saint Clair Shores

Shore Pointe Village
1st Thursday 6:00PM
Shorepoint Nursing Care Center
1st Thursday 6:30 PM
Bernadine Hernden, 586-293-5262

Southfield

St. John Providence Hospital - Rehab
1st Tuesday 11:00 AM
3rd Sunday 4:00 PM
Karen Zylman, 248-849-8063
or bzylman@twmi.rr.com

Sterling Heights

Waltonwood at Lakeside
3rd Wednesday 10:00 AM
&

Harbor Chase of Sterling Heights
3rd Wednesday 11:00 AM
Elaine Chiappetta, 586-247-5324

Taylor

Beaumont Heritage Hospital - Mental Health *
2nd & 4th Tuesday 4:00 -4:45 PM
Lisa Jacques, 313-292-4052

Beaumont Heritage Rehab *
2nd & 4th Tuesday 6:00 PM
Lisa Jacques, 313-292-4052

Troy

Brookdale
2nd Wednesday 10:50 AM
Cathy Baker, 248-528-8010

Troy Center for Transition
1st Friday 10:00 AM
Susan Doane, 248-877-7122

Warren

Arbor Inn
2nd Thursday 7:00 PM
Susan Doane, ts3821@comcast.net

Ascension Macomb-Oakland Hospital
3rd Thursday 6:30 PM
Karen Kline 586-202-5108

Waterford

Canterbury on the Lake
Schedule to be determined
Jack Zahn, 248-674-0256

Wayne

Advantage Living Center - Wayne
1st & 3rd Thursday 10:30 AM
3rd Saturday 10:30 AM
Judy Kirkeby, 313-278-4670

Pine Creek Manor
4th Saturday 10:30 AM
Judy Kirkeby, 313-278-4670

West Bloomfield

American House
2nd Saturday 11:00 AM
Lisa Kennedy, 248-321-7467

White Lake

Houghton Elementary School
Every Monday 1:30 - 3:00 PM
Jack Zahn, 248-674-0256

The Neighborhoods of White Lake
4th Tuesday 10:00 AM
Lauren Paul, 248-684-2460

Ypsilanti

Superior Woods Healthcare Assisted Living
2nd Saturday 10:00 AM
Debra Buck, 517-451-5171
Additional volunteers needed

Coordinators & Volunteers Needed!

Let's brighten more days!
Please consider volunteering at another location or even becoming a coordinator at a facility of your own. There are many facilities in need of coordinators and volunteers. (See list on page 3.)

Do you know others with friendly pets? Please tell them about the Pet-A-Pet Club.



* TB test may be required (for humans). Some facilities require background checks. Contact coordinator for additional information.

Quarantine Tips From My Cat

By Nikki Palumbo

Get plenty of rest.

Sleep—anywhere. On or beneath the bed, in a sunny spot, under the covers, by the window, upside-down, on the couch, in the middle of the floor, on top of the refrigerator, in the closet, on your back, in a ball, in a box.

Keep active.

Knock a bunch of coins or small bottles off a table to see how far they bounce and roll. Chase your own tail. Sprawl on top of a good book. Get scared by something—anything—and race out of the room.

Bathe regularly.

Clean behind your ears. Now do it again.

Communicate with friends and family.

Start screaming at 6 *a.m.*, for no reason, at anyone within hearing distance. Yowl at the birds. Walk across (or lie down on) a computer keyboard. Cry in front of the closed door to a room you're not supposed to be in anyway. Bite a phone. Yell into your full bowl of food.

Maintain a balanced diet.

Eat small meals, three to fourteen times a day. Dump food onto the floor for variety. Put your entire hand in a bowl of popcorn but then decide it's not what you want. Steal a piece of turkey from an unattended sandwich.

Stay hydrated.

Drink plenty of water, ideally directly from a running faucet.

Take on a project.

Hide all of your toys under the couch. Shred loose pieces of paper. Pull apart your roommate's chair. Rub your hair on every article of clothing you can find. Shit in a box and then completely cover it up.

Meditate.

Stare at a spot on the wall or ceiling for six minutes.

Practice social distancing.

Stay away from humans. Hiss if you have to.



<https://www.newyorker.com/humor/daily-shouts>

Seriously, though...

Use good hygiene practices to prevent the spread of COVID-19 and other respiratory diseases.

- Stay home if you are sick, and advise others to do the same.
- Always cover coughs or sneezes with a tissue or sleeve.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Wash your hands often with soap and warm water for at least 20 seconds. Use an alcohol-based hand sanitizer with at least 60% alcohol if soap and warm water are not available.
- Clean and disinfect frequently touched objects and surfaces (computers, keyboards, desks, etc.).

For the latest information frequently visit, [Michigan.gov/Coronavirus](https://www.michigan.gov/Coronavirus) or [CDC.gov/Coronavirus](https://www.cdc.gov/Coronavirus)

Quarantine Tips for Dog Owners

Here's how to help your dog thrive while you're both stuck indoors.

By Sassafras Lowrey

Prepare properly

Think beyond toilet paper and instead, about supplies for your pets that you need to have on hand.

Pet food and cleaning supplies should be at the top of your list for things to stock up on. Pet guardians should plan to have extra monthly preventive medication for conditions like flea, tick and heartworm, as well as any prescription medication and specialty diets that your pet may need. If your pet hasn't been to the vet in a while, now is a good time to go and make sure that your pet is up-to-date on all vaccines.



Keep them enriched, indoors

Although you might not be able to keep your dog as physically active while under quarantine, you can still keep your dog mentally exercised. Consider getting puzzle toys or treat dispensers to use in the house.

You could feed all meals from food toys, which would make mealtime more enriching for your dog. Training goes a long way toward stimulating and exercising dogs who are stuck inside during a quarantine. Try saving one of your dog's daily meals to use as rewards for training sessions. Dogs who are used to a lot of physical activity can handle more physically demanding training such as physical tricks like spins, rollovers, sitting pretty or weaving between an owner's legs. If you and your pets are struggling, it's always a good idea to reach out by phone to your vet or dog trainer. You can even make puzzles for your dog with items you already have around your home. Two simple puzzles that will entertain your dog:

Box Puzzle: If you have been getting a lot of deliveries, you probably have boxes. With your dog in another part of the apartment, arrange empty boxes on the floor and hide treats in some of the boxes. Show your dog the boxes and let your pup use its nose to find the hidden treats. Rearrange the boxes with more treats.

Cupcake Puzzle: Take an empty cupcake baking tray and 12 (or as many as you have) tennis balls. Place treats or pieces of your dog's kibble into some but not all of the baking tray's cups, and cover all of the cups with the tennis balls. Show your dog the tray and see how long it takes for your dog to move the right balls to find the hidden food. Each time you play, change where you place the treats in the baking tray.



The challenges of isolation

Like people across the country and around the world whose lives have suddenly been turned upside down by Covid-19, dogs who are stuck in quarantine with their owners may experience stress and even depression. We might see an uptick in depressive behavior like trouble sleeping, losing their appetite, not wanting to play or seeming listless, but some dogs might also become more destructive and anxious, exhibiting behavior like increased reactivity, increased barking or difficulty settling. Increasing enrichment and structured playing inside the home could help. Most of the time, dogs want something to do, and when that's taken away, they can struggle.

The same goes for their human companions.

Excerpted from <https://www.nytimes.com/2020/03/17/smarter-living/dog-pets-quarantine-coronavirus-tips.html>

Sassafras Lowrey is a Certified Trick Dog Instructor and author of "Tricks In The City," "Bedtime Stories For Rescue Dogs," and the activity book "Chew This Journal" forthcoming in Summer 2020. SassafrasLowrey.com.



PET-A-PET CLUB, INC.

PO BOX 530356

LIVONIA MI 48153-0356

RETURN SERVICE REQUESTED

MISSION STATEMENT

The Pet-A-Pet Club, Inc. is a non-profit organization. Members of the Pet-A-Pet Club commit themselves to encouraging the human-animal bond by educating the public regarding the health benefits of exposure to animals. We will do so by exposing those individuals who are least likely to have benefit of contact with pets to animals that best express the most positive attributes of living, affectionate and entertaining creatures.

f Join us on [Facebook!](#) 

A Little Humor for the Times



Why are you home so much, but not taking me to the dog park?



FAMILY DEVASTATED: DOG CHEWS UP LIFE SAVINGS



Let's hope this virus situation gets resolved before tick season or we'll be dealing with Corona with Lyme.

